The Leadership Report

"How Secure is Your Foundation?"

We have all been both alarmed and petrified that a 13-story building collapsed in the city of Surfside Florida killing dozens of people while they rested at night. With the building beginning to sway, and cracks previously noted in the pavement, and the accumulation of water in the garage underneath all suggest strongly that the foundation failed, giving way to the sudden collapse. Questions are now being considered as to whether our buildings are safe.

Along the same parallel, our lives must retain a solid foundation if we are going to endure the years of challenges, ups and downs, and intense pressure on all sides. Otherwise, many people experience a collapse, and their lives suddenly fall apart often ending in a complete breakdown – and even an untimely death. It is our responsibility to monitor our own lives, ensuring that we can navigate the future both safely and successfully. Consider these things:

- **When we assume that we are in a good place because of where we were many years ago leaves us in a place of compromise and vulnerability.**

- **Even though we are complex beings (spiritual, emotional, mental, physical, social, psychological, etc.) there are basic strategies that we can practice to create, adjust, and strengthen the foundation of our lives.**

- **The first step is the ongoing awareness that because of the dynamic nature of life we must be diligent in monitoring what is happening in our inner world.**

- **The second step is to have a map to guide you (Like “The 8 Pillars of Lifetime Sanity” accessible below) in the process of life as it continues.**

Please not that attached is a video version of “The Leadership Report” for your convenience, with the same information though not word for word verbatim. Thanks again for sharing this time with me and have a fantastic week.

Good Success!!!

Roger